



check in and chat



Dates for 2024

If you would like to join other parent carers for an **online chat**, come along to one of our Zoom Check in and Chat sessions. Bring a cuppa and tell us how your week has been. **No need to book – just drop in.**

We are all parent carers like you and we know how useful it is to chat with others who understand us.

You can join us by visiting www.familyvoice.org.uk/chat and then clicking on the link provided or by scanning the following QR code from your mobile phone or tablet which will take you straight to the Zoom waiting room for the meeting:



All sessions run from 10am-11am

Monday 8th January	Monday 1st July
Monday 5th February	Monday 9th September
Monday 4th March	Monday 7th October
Tuesday 7th May	Monday 4th November
Monday 3rd June	Monday 2nd December

Just in case Zoom asks you, here is the passcode:

Meeting ID: 830 0670 3755
Passcode: 8wFFs5