



**Early
Childhood
and Family
Service**

A Norfolk service for 0-5 year olds and their families



Extra help

Sometimes families need a little extra help or support. ECFS could support you and your family with:

- Group activities
- Courses for parents
- One to one support
- Financial support



Access support online

Get helpful advice from our website, access a variety of virtual group activities, find us on social media:

@ECFSNorfolk



Attend local community groups

Use the Norfolk Community Directory to find local groups, childcare and other services near you.



Get help to set up your own local group

The Norfolk Early Childhood Community Fund offers grants of upto £2,500, along with support, to help parents and carers set up their own groups in their local area.

For further information about all of the above, please visit
www.norfolk.gov.uk/earlychildhood
ecfs-families@actionforchildren.org.uk • 0344 800 8020